

Ki-Het-Ti-Na-Tay * * Sounds in the wind Redding Rancheria News

June 2024

REDDING RANCHERIA 5TH ANNUAL BIG TIME REDDING RANCHERIA

On June 28th, 29th, and 30th the Tribe held it 5th Annual Big Time. In the olden days, when we Native Americans had an abundance of something, we shared it. When there was more than enough, we gave to others and shared our space and time. This tradition continues with the Redding Rancheria Big Time!

We spent these three days dancing, drumming, singing, and sharing. Over 10 different tribes and dance groups came to share their culture and heritage. Many skilled artisans offered their crafts for sale, and there were numerous delicious food vendors. From Indian tacos and fry bread to freshly squeezed lemonade and fruit cups, there was something for everyone.

We would also like to congratulate our Hand Game Winner's, Team Poncho! What is a handgame? It is a game of trickery and it combines native songs and drumming to fool the other team. You have to take the others teams bones.

We are thankful to each person and group that joined us at our Big Time. Sharing time together is what makes life sweeter.

Cultural Department, Jack Potter, Louise Davis, Lillie Lucero and Mariah Valdivia Rodrigues



HESTUM

Help others Empower for solutions Serve with a smile Treat with respect Understand diversity Meet customer needs

SUMMER SOLSTICE YOGA REDDING RANCHERIA

We are thrilled to share the wonderful experience of our recent Summer Solstice Sunrise Yoga sessions, held across all our locations. On the morning of June 21, our dedicated instructors led serene yoga sessions at sunrise, marking the longest day of the year with mindfulness and tranquility. As the sun rose, painting the sky with hues of orange and pink, employees gathered to practice yoga, breathing in the fresh morning air and setting positive intentions for the day ahead.

Participants enjoyed the peaceful ambiance and the opportunity to start their day in a harmonious way. The instructors guided everyone through a series of gentle stretches and poses, designed to awaken the body and mind. The energy was palpable, and it was heartwarming to see so many of you come together to celebrate the solstice with us.



We extend our gratitude to all the instructors who made this event possible and to everyone who participated. It was truly a beautiful way to welcome the summer season, and we look forward to continuing this tradition in the years to come.



Employees enjoying outdoor yoga.

FAMILY FIT EVENT AT NOR-CAL ELITE GYMNASTICS REDDING RANCHERIA

We are delighted to share the wonderful memories from our recent Family Fit Event held at Norcal Gymnastics on June 22. It was a fantastic day filled with fun, laughter, and community spirit as employees and their immediate families came together for a variety of exciting activities. The event featured a thrilling obstacle course that challenged both kids and adults, bringing out everyone's competitive spirit. The inflatable bull was a huge hit, with many trying their best to stay on for as long as possible.

To keep everyone refreshed, we had delicious shaved ice in a variety of flavors, perfect for cooling down on a warm day. Local food trucks offered a diverse range of meals, ensuring there was something for everyone to enjoy. The atmosphere was filled with joy as families participated in various games and activities, creating lasting memories and strengthening our community bonds. We extend our heartfelt thanks to everyone who joined us and made the day so special. Thank you for being a part of our Family Fit Event and for contributing to its success. We look forward to more such gatherings in the future!



EVERYONE IS INVITED TO ATTEND THIS FREE EVENT!

Redding Rancheria Trinity Health Center's Annual Health and Wellness Fair

Join Us 9 AM - 3 PM Thursday, July 25, 2024 81 Arbuckle Court, Weaverville, CA 96093

Learn about your health with local vendors, health & wellness representatives, get your screenings done and so much more. This is a FREE event for all ages and perfect for the entire family.

Health Screenings at NO COST! Blood Pressure

Body Fat Analysis Body Mass index Diabetes Pre-Screen and more!

For more information, please contact Hollie Malloy at: 530-623-0021 ext. 3075 or Hollie.Malloy@reddingrancheria-nsn.gov



SCRIBE WEEK 2024 REDDING RANCHERIA TRIBAL HEALTH SYSTEM

June 3-7 is National Scribe Week, and we want to take a moment to give a shout-out to all our hardworking scribes! Have you ever been in a doctor's appointment and noticed someone typing their heart out? Well, that is your SCRIBE! These devoted individuals provide efficient charting while allowing the providers to spend one-onone time with their patients. They complete all documentation, order all labs and imaging, send referrals, create treatment plans, and keep your



charts up to date. Scribes are a vital part of the team, and the Rancheria would like to say thank you for all that you do! We appreciate our dedicated scribes for ensuring our patients receive a better healthcare experience!



SUMMER KIDS CAMP REDDING RANCHERIA TRIBAL HEALTH SYSTEM

Community Health's annual Kids Camp is a vibrant and educational program dedicated to fostering healthy habits in young participants. The camp hosts 30 kids each week for 2 weeks, providing them with an immersive experience centered around crucial aspects of wellbeing. The program features an array of fun, engaging, and interactive activities focused on nutrition, exercise, mental wellness, and hygiene. Additionally, the camp includes Native American cultural classes, offering children a rich and diverse perspective on health and lifestyle practices. Through dynamic lessons and hands-



on activities, children learn the importance of balanced diets, the benefits of regular physical activity, strategies for maintaining mental health, and the fundamentals of personal hygiene.

A highlight of the camp is the variety of exciting activities and the engaging guest speakers who bring expertise and enthusiasm to each topic. These speakers include mental health professionals, Dietitians, fitness trainers, hygienists, and community Elders, all of whom make learning fun with interactive sessions that captivate the kids' attention. From high-energy fitness challenges to mindfulness games and stories told by Elders, each day is packed with activities that both educate and entertain. This combination of structured learning and playful activities ensures that the

children not only gain valuable health knowledge but also have an unforgettable and enjoyable experience.





Our dedicated staff.

Our awesome campers.

IN MEMORIUM HOPE WILKES REDDING RANCHERIA



Hope Wilkes, beloved Redding Rancheria Tribal Council Member, passed away on Thursday, June 6, 2024. She began serving on the Redding Rancheria Tribal Council in 1992 and has passionately fought for the best interest of Redding Rancheria Tribal Members for 32 years—the longest serving Councilperson for Redding Rancheria.

In addition to serving on Tribal Council, she embraced several different roles and responsibilities at Redding Rancheria, each of which highlighted her dedication, adaptability, and exceptional skill. She was originally hired in October of 1990 through the California Indian Manpower Consortium (CIMC) before transitioning to a typist/clerk with the Redding

Rancheria in 1991. The following year, she was promoted to the role of Executive Secretary. While in this position, she served under and worked closely with the Redding Rancheria's first CEO. In 1997, she assumed her first management position as Tribal Enrollment Government Officer and Custodian of Records Director. Here she continued to play a crucial role in shaping the success of our government operations. In 2005, Hope became the Sr. Director of Program services, where she spent the remainder of her career. Redding Rancheria is grateful for the 33 years she spent working and making a difference for her Tribe.

She dedicated so much of her life helping Redding Rancheria Tribal Members make a better life for themselves. She was understanding of everyone's situation and had a unique and thoughtful perspective, always believing that everyone deserved to be treated equally and with respect. She brought her wisdom and compassion for others to every Tribal Council meeting. These values shone through in everything she did. Hope will always be remembered and appreciated for everything she gave to her Tribe. Redding Rancheria is better off because of Hope's dedication and passion for her Tribe.

Her daughter, Nicole Wilkes, and brother, Jack Potter Jr, serve on Tribal Council and continue her legacy and passion in representing Redding Rancheria Tribal Members.





NEWS RELEASE

DATE: June 4th, 2024

CONTACT: Justine Lehman, Program Officer justine@cfnorthstate.org or 530.244.1219

Maria Orozco, Director of Public Relations <u>Maria.Orozco@reddingrancheria-nsn.gov</u> cell: 530.227.7718

Redding Rancheria Community Fund Awards over \$100,000 in Grants

The Redding Rancheria Community Fund has awarded grants to 33 nonprofits in Shasta and Trinity counties for their Spring grant cycle. The total funds distributed is \$108,350 and will support organizations in the arts, youth services, education, public safety, and healthcare.

"The Redding Rancheria Community Fund's commitment to supporting our local nonprofits is a testament to our dedication to enhancing the quality of life in Shasta and Trinity counties," said Tracy Edwards, Chief Executive Officer at Redding Rancheria. "These grants will empower organizations across various sectors to continue their vital work, fostering a stronger, healthier, and more vibrant community for us all."

The Redding Rancheria Community Fund was established in 2002 at the Community Foundation of the North State to support worthy causes in Shasta and Trinity counties. It is one of the longest-standing funds at the Community Foundation and has granted out over \$4.2 million since inception.

"The Redding Rancheria has continued to be a wonderful philanthropic partner focused on addressing the myriad needs in our communities," said Kerry Caranci, Chief Executive Officer at Community Foundation of the North State. "So many organizations are able to benefit from these grants and help them improve or bolster their operations."

For a detailed list of recent awards from Redding Rancheria Community Fund, visit <u>https://cfnorthstate.org/grants/redding-rancheria-community-fund/</u>.

For more information about this and other competitive grant opportunities managed by the Community Foundation, contact Justine Lehman, Program Officer or visit https://cfnorthstate.org/grant/grants/ ###

About Community Foundation of the North State

Your local partner for charitable giving, the Community Foundation champions generosity in the North State for regional impact, leadership, and support. Whether it be a bequest from someone with a passion for a cause, a scholarship established in memory of a loved one or community member, or a nonprotit agency looking to ensure sustainability of their operations for the long haul, we connect these vital contributors to lift our region for greater good.

We are a nonprofit, public charity serving the people of Shasta, Siskiyou, and Tehama counties, with a mission to impact the region through the power of giving. Since 2000, the Community Foundation has awarded over \$42 million in grants, made possible by the generosity of their fund holders and professional fund management practices. For more information, call the Community Foundation at (530) 244-1219 or visit www.cfnorthstate.org.

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Redding Rancheria Community Fund Spring 2024 Community Grants

All grants are for general support excluding salaries for uses described in applications.

Organization Name	Amount Funded
American Cancer Society	\$ 2,500
Anderson Police Department	\$ 5,000
Ascend Wilderness Experience	\$ 1,000
Axiom Repertory Theater	\$ 3,000
Bella Vista Elementary	\$ 4,000
Bella Vista Volunteer Fire Company	\$ 5,000
Children's Community Choir of Shasta	\$ 3,000
Community for Anderson Explodes	\$ 5,000
Cottonwood Community Library	\$ 2,000
Douglas City Community Services District	\$ 5,000
Exodus Farms Ministry	\$ 2,500
FaithWorks Community Coalition	\$ 5,000
Happy Valley Fire Protection District	\$ 5,000
Kids' Turn/No. CA Center for Family Awareness	\$ 2,500
KIXE	\$ 3,650
Mayers Healthcare Foundation	\$ 3,000
Mercy Foundation North	\$ 3,500
Mountain Valleys Health Centers	\$ 2,500
Nor Cal Outreach Project	\$ 3,000
Nor-Cal Alliance for the Missing	\$ 3,000
N. CA Veterans Museum & Heritage Center	\$ 2,500
N. CA Youth and Family Programs	\$ 2,500
Oliveview Community Farm Building Project	\$ 5,000
PBJ Watch Inc	\$ 3,000
Quality Moments	\$ 2,000
Redding Cooperative Preschool	\$ 1,000
Salvation Army – Redding	\$ 3,000
Shasta County Sheriff's Office	\$ 2,700
St Joseph Conference Redding Society of St Vincent De Paul	\$ 2,500
The Trade School at SBE, Inc	\$ 2,500
Tri County Community Network	\$ 2,500
Trinity Food Outreach Inc.	\$ 5,000
Weaverville Fire Protection District	\$ 5,000

Grand Total = \$108,350

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TEAM MEMBER APPRECIATION DAY 2024 WIN-RIVER RESORT & CASINO

One of the many benefits to being a part of the Win-River Resort & Casino team is Team Member Appreciation Day! We celebrate our amazing team members with the biggest party of the summer! Waterworks Park was reserved exclusively for the Win-River team and their family to kick back and have a blast.

From 10am to 10pm, team members get to spend 12 hours packed with fun. From Squishy Doodle Face painting, DJ Jake Easy spinning the tunes, raffle prizes, an amazing BBQ lunch and dinner, and riding rides non-stop, with little to no lines, our team gets it all. Team Member Appreciation Day 2024 was an amazing time! We are grateful for the dedication from each and every team member! It was a beautiful day to be able to see our Win-River family come together and enjoy themselves in such a family fun atmosphere.













Team members and their families having a blast.

2024 Pow Wow Dancing, Regalia and Beading Class for July

Open classes for all ages to come learn how to Pow Wow dance and make your own dance regalia. Classes will be held at the **~Redding Rancheria Community Center~** 2000 Redding Rancheria Rd. Redding, CA 96001



TUESDAY NIGHT POW WOW DANCE AND SEWING Dance class 5:30 pm to 6:30 pm Dinner Break @ 6:30 pm Sewing class 7:00 pm to 8:00 pm

Dance Instructors: Dani Brewster and Dylan Jeude

July Dance & Regalia 2nd, 16th, & 30th

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For more information please contact the Redding Rancheria Cultural Department at 530-225-8979 or email Louise.Davis@ReddingRancheria-nsn.gov

Save The Date Stillwater Pow Wow



October 4th - 6th, 2024

Redding Rodeo Grounds 715 Auditorium Drive, Redding, CA 96001

2024 SHASTA MUD RUN REDDING RANCHERIA

The 2024 Youth Options Shasta Mud Run was an exhilarating experience, and we were thrilled to participate! Over 20 of our most adventurous employees joined the wet and wild fun, tackling a 5k muddy course packed with more than 20 obstacles, including a massive water slide that launches you into a giant mud puddle. We are proud to support Youth Options Shasta and their mission to serve the children of the North State.

Youth Options offers a variety of programs focused on providing positive choices for youth. The Youth Peer Court employs restorative practices to create a learning environment that teaches responsibility. Their diverse classes help youth develop the skills needed to navigate life's challenges. Additionally, the opportunities they provide for community engagement foster leadership skills. The goal of Youth Options Shasta is to promote a safe and healthy community, encouraging youth to learn the skills that will support them as they transition into adulthood.

Thank you to Youth Options for offering such valuable services to the youth in our community! We are proud to be part of this event and cannot wait for next year's Mud Run!



Our staff getting muddy!

REDDING PRIDE FESTIVAL 2024 REDDING RANCHERIA

Loves always wins and the rainbow will shine! The Redding Pride festival was a huge party and it was an amazing day to gather in the pursuit of equal justice for the LGBTQIA+ Community. We as humans all seek love and support! We all want to be seen, heard, and allowed to express ourselves as we see fit! The Redding Rancheria encourages and supports all peoples to be proud of who they are and whom they love. Here is to celebrating throughout the year in recognition of love and its power to overcome and conquer the darkness.



Redding Rancheria's Pride booth.



Dancers at Pridel



The Pride Parade

REDDING RANCHERIA CELEBRATES JUNE PRIDE MONTH

REDDING RANCHERIA

Pride Month in June commemorates the ongoing pursuit of equal justice for the lesbian, gay, bisexual, transgender, and queer community. This month also allows us to celebrate the accomplishments of LGBTQIA+ individuals!

As Natives, we recognize and celebrate non-binary people. Traditionally, many tribes highly regarded Two-Spirit People. To many tribes, Two-Spirit People are people that exist outside of the gender binary and/or sexual heteronormativity. Two-Spirit People were often honored and held sacred positions in their tribes such as naming children, making decisions in time of battle, counseling couples and many other roles. Natives believed they held additional knowledge because they exist outside of a binary and had a closer connection to the spirit world.

Redding Rancheria values inclusion and diversity in the work place and in the community as a whole. We are proud to support Pride in the month of June.

Supporting Pride Month is important to Redding Rancheria because it demonstrates our commitment to diversity, equity, and inclusion, fostering a welcoming environment for all of employees, Tribal members, and everyone in our community. Celebrating Pride Month aligns with our values of respecting differences, serving others, working together, and doing what's right.







REDDING RANCHERIA NIGHT AT THE REDDING COLT 45'S REDDING RANCHERIA



Redding Rancheria CEO - Tracy Edwards Throwing out the First Ptich

The peanuts and Cracker Jack were there, and so were the good times and fun as we watched the Redding Colt 45s put the slugs in the Fresno Athletics! The feeling was electric and the atmosphere was tighter than a pitcher's grip on a no-hitter. The Colts did not let up their energy to get the crowd going—it was as if they had Energizer bunnies in their cleats! It was a fun evening of being in each other's company to support our local kings of the baseball diamond. The view from the Third Base Club is so epic; it is something you do not want to miss!

We are proud to support the Redding Colt 45s for the opportunities they create for the game of baseball and for helping coach up great talents. They are a home run for our community, and we are honored to work together!

EMPLOYEE OF THE MONTH



Ikaika Iokepa-Albert As the June 2024 Employee of the Month!

Please help us congratulate Ikaika Iokepa-Albert as the Employee of the Month for June 2024. Ikaika received this award for the following reasons. He consistently demonstrates exceptional dedication in the behavioral health department, fostering a welcoming environment for patients through his compassionate care and personalized attention. Ikaika is known for his outstanding support to both colleagues and patients alike, demonstrated by his proactive approach in ensuring everyone feels valued and cared for during their appointments. Ikaika's commitment extends beyond expectations, as highlighted by his thoughtful initiative in curating the kid prize box, brining joy to young patients and making a positive impact on their healthcare experience. Thank you Ikaika for your dedication service to our patients, community, and team. We applaud your efforts!

Congratulations Ikaika!!





DEAR REDDING RANCHERIA TRIBAL MEMBER

Many of you own your own business and know that advertising is very important. We are dedicating a page just for you to advertise. Send in your business card for us to feature you in our monthly newsletter. This will help all readers know that your business is important to us and help you gain more customers.

Contact Maria Orozco at 530-242-4516 or at Maria.Orozco@reddingrancheria-nsn.gov